

fresh^{today}

HEALTHY SCHOOL MEALS

Welcome to Fresh Today! Your School Meals Made Simple & Healthy

A+

A B C D E

fresh^{today}

Roast Beef, Mash, Veg & Gravy
100% Irish Beef
Balanced With Green Beans
Balanced For Kids, HI Approved

Homemade Beef Lasagne
High in Protein!
Balanced in Every Bite
A Classic Favourite Made With Tender Irish Beef

Cheesy Bean Jacket Potato
Fibre Boost
Our Spuds Keep their Skins for a Natural Fibre Boost
Suitable For A Vegetarian Diet

Roast Chicken, Potato & Veg
Chicken Fillet
Fresh Flavourful & Balanced to Perfection
HI-guideline balanced portions

CORU
Ag Rialáil Gairmithe Sláinte agus Cúraim Shóisialaigh
Regulating Health + Social Care Professionals

Sarah Keogh

All Meals are graded using NUTRI-SCORE

Hi Parents / Guardians

Welcome to Fresh Today!

We're here to ensure your child is happy, healthy and well-nourished every day. Hot school meals are proven to boost focus, behaviours, attendance and performance, helping children to thrive. With us, your child gains the confidence to explore food, enjoy new flavours and join Ireland's movement towards healthier schools.

Together, we're shaping a brighter, healthier future. We look forward to serving your child.

Kind Regards,

All the Team

www.freshtoday.ie

Award Winning, Trusted School Meals Provider

It's important to keep your Child's order varied so they can enjoy different tasty meals, eat a balanced diet and reduce food waste.

You don't need to send extra lunches or big snacks. Our hot School meals are filling and nutritious so you can be sure your child is well fed at lunchtime.



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Google Play

freshtoday

HEALTHY SCHOOL MEALS

EXAMPLE LOGIN DETAILS

Child's Name: Mark Keating

Classroom: 4th Class

School Name: Freshtoday Primary

Activation Code: GD1KWT



FOOD
SAFETY

ISO 22000:2018

NSAI Certified



NEW USER

Download "**Freshtoday**" app on your phone. Register an account with your email address, then add your child using the **activation code above!** You can also order through the website at www.freshtoday.ie

DEFAULT ORDERS

Make sure you **change the default order** we have set for each individual day. Your weekly order is set to repeat until you choose to change it.

Each child is given a default order to begin. You can edit this order at any time before the deadline. The deadline for changes is 48 Hours Prior to delivery, cut off time is 12 midnight each day. (For example, if you change an order on Tuesday, the order will be changed from Thursday and so on etc...

Good to know:

There are options available for Vegan, Vegetarian and Halal diets. We cater to all the major allergens. Our kitchen is also nut free!

www.freshtoday.ie

New easy to
use ordering
app!



DOWNLOAD ON THE
App Store

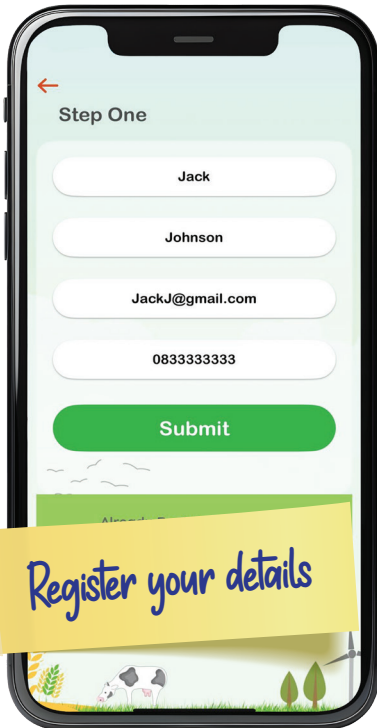


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Google Play

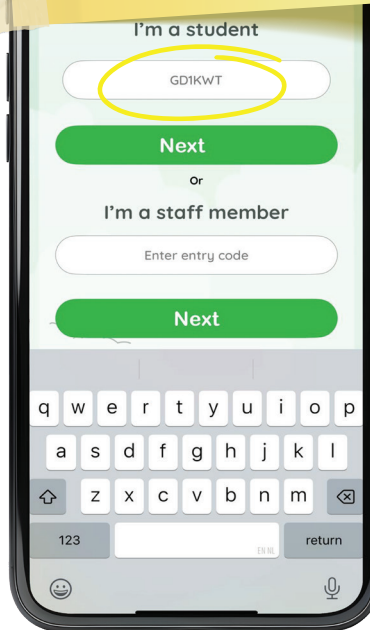
freshtoday

HEALTHY SCHOOL MEALS

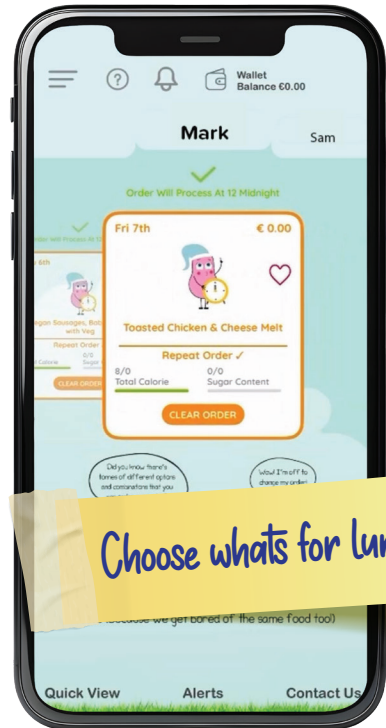
EASY-TO-USE MOBILE APP



Register your details



Add your Student



Choose whats for lunch



Log in with your **activation code** to easily update your child's order, make changes to meals, swap items if needed, or review everything that's scheduled for the week ahead.



FreshToday



Need Assistance?

The FreshToday customer support team are always on hand to help with your app or questions.



Phone: 043 3347568



Email: office@freshtoday.ie

www.freshtoday.ie

